

SUMMER CAMP 2023 AND THE CAPACITY BUILDING WORKSHOP **AT APS JAMMU CANTT**

DAY-2

The second day of the 'Summer Camp 2023' started with the Yoga Session as this is a wonderful way to promote relaxation and mindfulness. The session was conducted by experienced yoga experts of the school Ms Ranjana Sharma and Mr. Rashav Singh.

In the Art and Craft session , the campers explored the techniques of Paper Mache and clay moulding.

For the Fireless Cooking session they learned to make delicious veg sandwich, coconut laddoo, dosa chutney, bhel chaat and cold coffee.

Kathak is a beautiful Indian Classical Dance form. In the dance session, the students learned the basics of Kathak, fundamental footwork, hand gestures and expressions.

Following the yoga session, in the Capacity Building Program for teachers a workshop was conducted by Ms Shafkat Rubina and Ms Beena Sharma on the topic "Pedagogy of Teaching Hindi". The workshop aimed to equip educators with effective teaching strategies, approaches and resources to enhance the teaching and learning of Hindi. Ms Rubina introduced the communicative approach as a foundation for teaching Hindi. Participants were encouraged to engage in interactive activities and conversations, promoting the use of Hindi for meaningful communication. Role plays, group discussions and pair work were incorporated to facilitate practical language application. Further in this session Ms Beena Sharma emphasized on the importance of engaging multiple senses in language learning. Participants explored various techniques, such as visual aids, audio recordings, songs and kinesthetics activities to enhance their teaching methodologies .The facilitator provided hands-on examples and resources to support multisensory learning in the Hindi classroom.

In the second session Mr Ashish Anand, the special educator taught the Basic Indian Sign Language, enabling the teachers to understand and to communicate using gestures and signs. He taught days of the week, months of the year and colours in sign language.

Following that Mr Gopal Sharma introduced the teachers to the basics of Sanskrit one of the ancient language of India. The teachers learnt simple phrases, alphabets, basics of grammar and pronunciation.

Ms Saresta Katal began the workshop with an activity and introduced the concept of the life skills and their significance in today's fast-paced and dynamic world. Participants gained an understanding of the different categories of life skills and their relevance to various aspects of life. The session focused on interpersonal skills and collaboration. She highlighted the significance of effective teamwork, conflict resolution and building positive relationships. Educators engaged in group activities and discussions to develop their interpersonal skills.

Overall, it was a well-rounded day with activities like cooking, art, dance, language learning and educational workshops. All the participants had the opportunity to explore their creativity, develop new skills and to gain knowledge in different areas.





